 **Clone the GitHub Repository to Your Local Machine**:

* Open **VS Code**.
* Open the **Command Palette** (press Ctrl+Shift+P or Cmd+Shift+P on macOS).
* Type and select **Git: Clone**.
* Paste the **GitHub repository URL** (from the GitHub web page, click the "Code" button and copy the URL).
* Choose a local directory where you want to store the project and clone it.

 **Open the Cloned Repository in VS Code**:

* Once the cloning is complete, VS Code should prompt you to open the folder. Click **Open** to start editing.
* If not prompted, go to **File > Open Folder**, and select the folder where you cloned your GitHub repository.

 **Start Editing**:

* Now you can start editing your files locally.
* Use **Git** functionality inside VS Code to commit and push changes back to GitHub.

 **Push Changes Back to GitHub**:

* After editing, open the **Source Control** tab (the icon on the left that looks like a branch).
* You'll see a list of changed files. Write a commit message, then click the **checkmark** to commit the changes.
* After committing, click the **three dots** (more options) in the Source Control panel and choose **Push** to push your changes to GitHub.